2025年大学生心理健康教育微课教学比赛

教学设计

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| 微 课  名 称 |  | | 所 属  课 程 |  | |
| 选 题  类 别 |  | | 授 课  对 象 |  | |
| 所用教材 |  | | | | |
| 教学背景 |  | | | | |
| 教学目标 |  | | | | |
| 教学重、难点 |  | | | | |
| 教学设计 |  | | | | |
| 教学过程设计 | | | | | |
| **课前** | | | | | |
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| **课中** | | | | | |
| **教学环节** | **教学内容** | **教学方法** | **教学手段** | **教学资源** | **时间分配** |
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| **课后拓展** | | | | | |
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| 教学总结与特色 |  | | | | |
| **教 案** | | | | | |
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| 教学评价与反思 | | | | | |
| 教学评价 |  | | | | |
| 教学反思 |  | | | | |